

Improving Postsecondary Outcomes for All Students with Disabilities

NTACT is hosting a webinar at **11AM (Eastern), March 24** focused on sharing resources with practitioners and families, desiring to provide meaningful transition services during an uncertain time – when access to so many experiences is unavailable. Both online and non-tech activities will be shared. Register here.

To address the challenges of educating at home and (in some cases) online during this period of time, NTACT has assembled some resources below from its own Toolkits and <u>Quick Guides</u>, as well as resources from partner centers and organizations.

Resources for Educators Assembling At-Home Packets:

<u>NTACT Lesson Plan Starters via Teachers Pay Teachers</u> – NTACT has developed lesson plan starters to teach academic, employment, and independent living skills from the high quality intervention studies reviewed by the center. Some of these may require additional resources to complete. Specific lesson plans are featured below. They may also be accessed – topically – at NTACT's website, <u>here</u>.

There are several data collection tools to share with families and students in <u>Student Progress</u> <u>Monitoring Toolkit</u> – specifically pages 21 – 27.

There are numerous resources below, as well, that may be printed and shared directly with students.

Assessment and Planning:

The Job Center is youth/ student centered and an opportunity for online exploration and planning.

Support youth in the development of post-school employment goals: http://www.parentcenterhub.org/repository/employment/

Learn about potential members on your transition team: http://www.parentcenterhub.org/repository/adultservices/

Explore Career Aptitude Testing Resources to help explore career options - https://careertech.org/student-interest-survey, https://www.youscience.com/

Florida's Career Cruiser guide. Accessible materials for educators and families for the guide.

North Dakota's Launch My Life

Wisconsin's Let's Get to Work

Begin to develop a student portfolio

Develop a Positive Personal Profile while at home

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Focus Area Postsecondary Education:

Youtube on Disability Disclosure: NCWD-Youth Disability Disclosure

<u>Get Ready for College</u> - virtual course for high school students interested in college may satisfy virtual credits toward a Virginia diploma, but is relevant for students with intellectual or developmental disabilities in any state.

Research colleges and universities https://collegescorecard.ed.gov/ or through your own state's college planning website.

Use these "tips", while visiting colleges virtually: Campus Visit Tips - with online suggestions

The College Application Process webinar resource from ThinkCollege

Use this time to prepare for college by creating lessons and activities with the following resources (e.g., highlight differences, list 4 important next steps, create a calendar, list 3 major ideas).

- High School vs. College
- College Preparation and Admissions Test
- Comparing College Programs
- Terms to Know
- Speech Disorder Resources for College

Concrete Manipulatives to Teach Algebra (phase 1)
Representation to Teach Algebra (phase 2)
Abstract to Teach Algebra (phase 3)

Using Graphic Organizers to Teach One Step Word Problems

Using Self-Regulated Strategy to Solve Multi-Step Math Problems

Using Schema Based Instruction to Solve Multi-Step Math Problems

Using a Graphic Organizer to Teach Science Vocabulary

Focus Area Employment:

Learn about work and why it is important: http://www.youthhood.org/jobcenter/index.asp

Explore career opportunities through active participation information gathering:

http://www.onestopcoach.org/; https://www.onetonline.org/

Play the Career Interests game – University of Missouri

Complete the **Pocket Resume**

Explore possible job accommodations: https://askjan.org/soar.cfm

Set the expectation of work/assist youth in preparing for employment: http://www.pacer.org/transition/learning-center/planning/preparing-employment.asp

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Tip Sheets for students/ families to review to gather important information for employment preparation: <u>How to Keep a Job</u> and <u>Disability Disclosure</u> (<u>from Transitions to Adulthood Center for Research</u>)

<u>Skills to Pay the Bills</u> is intended for classroom instruction; however, some lessons may be adapted for home. The curriculum is downloadable and printable – from the Office of Disability Employment Policy.

<u>Using Video Modeling to Teach Interviewing Skills</u> Download the VidCoach App (or comparable) to complete this lesson: <u>link to vid coach description</u>

Using Least to Most Prompts to Teach Office Computer Skills

Focus Area Independent Living:

Assess your child's independent living skills for future planning/instruction: <u>Independent Living Checklist</u> and <u>Spanish version</u>

<u>PowerPoint slides for lessons</u> on **travel training** from the Kennedy Center in Connecticut – extracted from NTACT's Quick Guide on Transportation

Self-Determination "bell ringers", associated with the Me! Lessons for teaching self-awareness and self-advocacy: <u>Bell Ringer PowerPoints</u>

Links to the Me! Lesson resources, Choicemaker Self-Determination curriculum resources, Whose Future Is It Anyway? IEP participation curriculum, and other self-determination resources for FREE at Zarrow Center Transition Resources

Self-Determined Learning Model of Instruction website:

http://www.selfdetermination.res.ku.edu/homepage/resources/. Three phases of the SDLMI worksheet: Accessible/ Printable Worksheet and Interactive Online Page

Healthy Lifestyles instructional ideas from Oregon Health Sciences University: <u>Summary of Lessons from Young Adult Curriculum</u> and <u>39 Pages of Handouts</u>

Healthcare Transitions quiz for Youth and Young Adults:

https://gottransition.org/youthfamilies/HCTquiz.cfm

HCT Readiness Assessment for Youth:

https://gottransition.org/resourceGet.cfm?id=224

HCT Readiness Assessment for Parents/Caregivers:

https://gottransition.org/resourceGet.cfm?id=225

HCT Readiness Assessment for Students in Special Education:

https://gottransition.org/resourceGet.cfm?id=526

Mental Health conversation starters and infographics/ tips through NAMI and Pathways

Develop "payment" for specific activities completed at home. (Payment may be monetary or preferred activities). Have students "pay" for meals, gas, or rent (as appropriate). Simple resource on "token economy" <u>Video and brief description</u>

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Using Self-Management to Teach Task Initiation

Using Least to Most Prompts to Teach Laundry and Cleaning Skills

Using Response Prompting to Teach a Specific Skill

Using Simulation to Practice Social Skills

Using Self-Monitoring to Teach Game Related Social Skills

Using Simulated Instruction to Teach Selecting the Correct Bus Stop

<u>Using the "One More Than" Purchasing Strategy</u>

Using Response Prompting to Teach Grocery Store Shopping

Using Time Delay to Teach Selecting the Lower Priced Item

<u>Using Video Modeling to Teach Meal Preparation</u> (this lesson features use of a DVD; however, a YouTube or other video featuring a recipe could be substituted)

Using Time Delay to Teach Snack Making

Each of the lesson plan starters above could be used to teach a different skill in a different setting than those included in the original lesson plan.

Other Notable Websites with Numerous Transition-Focused Resources

Create a login at www.transitioncoalition.org to access some excellent Transition Tips from the field.

Florida's Transition Education Network (Project 10)

Nebraska's Transition Planning Guide

Pennsylvania's Secondary Transition Guide

Remember! We're also on









and YouTube....look for #transitionta and follow us.

